World Tendon Congress: 6th International Scientific Tendinopathy Symposium (ISTS)

22–24 October 2020
Valencia, Spain

Abstract submission guidelines
The International Scientific Tendinopathy Symposium is a multidisciplinary forum for professionals to share ideas on molecular and biological understanding of tendon in health and disease, tendon pathology and clinical management. ISTS2020 will be structured around the following four topics:

**Basic Science**
Research that investigates molecular, biological or histological aspects of tendon pathology and pain

**Clinical management: assessment**
Research that investigates how tendon pathology and pain are examined clinically; includes imaging, outcome measures and special tests

**Clinical management: therapeutic interventions**
Research that examines the effects of clinical or biological interventions on tendon pathology and pain

**Epidemiology and risk factors**
Research that investigates general and specific population prevalence and incidence of tendon pathology and pain and examines risk factors for presentation

Research that is outside these four main areas will be given full consideration by the scientific committee.

<table>
<thead>
<tr>
<th>Important Dates:</th>
<th>Submission opens</th>
<th>Submission deadline</th>
<th>Notification of outcome</th>
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<tr>
<td><strong>22st October 2019</strong></td>
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<td><strong>20th April 2020</strong></td>
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<td><strong>24.00 CET</strong></td>
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<td><strong>June 2020</strong></td>
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The ISTS Scientific committee is inviting abstract submissions for oral and poster presentations. Oral and poster presentations are both considered to be of major importance at the ISTS 2020. As such, a prize for the best oral and poster presentation will be presented.
Following review by the scientific committee, selected abstracts will be accepted for one of the following formats:

**Oral presentation:**

These presentations are podium presentations and are 8 minutes in duration in addition to 2 minutes for questions. The time limit will be strictly enforced. The prize jury will assess the quality of the research, presentation, and ability to answer questions.

**Poster presentations:**

Posters will be displayed in the area set up for this purpose within the auditorium. There will be an opportunity for presenters to discuss their results with delegates and attendees. The prize jury will attend selected posters at an established time to evaluate the posters and the author’s response to questions. The committee will organise activities to promote posters and to encourage delegates to visit the poster display area.

Selected poster authors will present their work in 1 minute at the end of a plenary session to attract the attention of the attendees. (‘1-min Poster Pitch’). The time limit will be strictly enforced.

**General Considerations**

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**Call for abstracts:**

_The deadline for abstract submission is: April 20th 2020, 24.00h CET._

Abstracts received after the deadline will not be considered for the conference.

- All abstracts will be reviewed of the ISTS 2020 Scientific Committee. All submitted abstracts will be anonymised and peer reviewed by two reviewers without knowledge of the identity of the author(s). Abstracts will be screened and scored by specific criteria (See Appendix 1 and 2), and as well as suitability in the program and number of submissions.

- All decisions of the ISTS2020 Scientific Committee are final. This includes the format allocated (oral presentation or poster), the allocation to a conference topic, and the awards verdict.

- The scheduling of all presentations will be determined by the ISTS organizing committee to ensure best fit with the overall event programme. Any requests for specific dates and times cannot be considered.
Abstract Preparation

✔ All abstracts are to be in English. All authors should proofread the abstract for grammar and spelling. If English is not the authors’ first language it is recommended that the authors have the final abstract proof-read by a native speaker before the abstract is submitted.

✔ All submissions must be made online via the ISTS conference website. Submissions by email, fax or mail will not be accepted. Incorrectly formatted abstracts will not be accepted.

✔ The submitting/corresponding author accepts that the content of the abstract cannot be modified or corrected after final submission and that it will be published exactly as submitted.

✔ A person may only present a maximum of two abstracts as first author. They may be named as an author on multiple submissions. Only one author may present the abstract.

✔ Submissions must have complete results, but should NOT be published either online or in print by the submission date.

✔ Attendance at ISTS is a requirement for a podium presentation or poster. It is required that at least one of the authors to register for the ISTS 2020 in order to present the research. By submitting an abstract, you agree to the following statement: If my abstract is accepted, I plan to attend the 6th ISTS in Valencia. If I am unable to attend, I will make necessary arrangements for a substitute presenter and will communicate such arrangements to the symposium secretariat.

✔ Oral presentations are scheduled for 8 minutes, followed by 2 minutes of discussion time. PowerPoint software will be available at the conference rooms and will be the primary resource available for platform presentations. Presentations MUST be uploaded to the conference computer; the use of a personal computer for the presentation will not be supported. There is no internet access from the presentation laptops.

✔ Posters should be in portrait layout and not exceed a height of 120 cm and a width of 90 cm. References should be Vancouver style and limited to a maximum of three references.

Ethical Considerations

✔ Podium presenters should disclose actual or potential conflicts of interest for their research on the first slide, the slide must be left on the screen for 3 seconds. This will allow the audience to take potential conflicts of interest into account when assessing the objectivity of the presentation.

✔ Contributors should not use these sessions for marketing opportunities for new products, equipment or organisations, or use the presentation time to speak negatively of competitors’ products.

✔ The submitter accepts responsibility for the accuracy and scientific content of the submitted abstract.

✔ All presentations during ISTS2020 must include the same content and follow the same outline as that described in the submitted and accepted abstract.

✔ All presentations must describe original work to which all the authors listed have made a significant contribution. All authors have viewed the abstract and confirm the use of their name as author.
If you are undertaking research in animals or humans, independent ethical review is a legal requirement. We expect each author to have abided by the requirements of their country/organisation.

Authors use only data and images that have copyright/permissions clearance including for any previous presentations.

Transfer of copyright is required to the symposium as abstract/s presented at ISTS2020 will be published electronically and in other formats (e.g. conference website, programme, and print material). The author retains the right to publish their research elsewhere, or use the research for personal use or as part of their work, providing it does not compromise the ISTS2020 copyright.

**Notification of Acceptance/Rejection.**

- Applicants will be notified of the acceptance of their abstract(s) by 1st June, 2020.
- Notification of outcome from the abstract review process will be sent to the submitter. She/he will be responsible for informing all co-authors.
- Accepted abstracts will be published in the ISTS 2020 Abstract book (digital version). The author(s) for each abstract included in the ISTS 2020 programme transfers copyright to the ISTS Scientific Committee to publish their abstract electronically and in other formats.
- Withdrawal requests should clearly state the reason for withdrawal. All authors must approve the abstract retraction. Please email a copy of the abstract, letter of withdrawal, and statement indication all authors approving the withdrawal before August 1, 2020.
- The abstract should not exceed **250 words** (excluding author names, affiliations and contact details of the presenting author, keywords, source of funding, and conflict of interest)

**Abstract preparation**

- The abstract must be written in English. Do not use abbreviations or acronyms in the abstract.
- The abstract should not exceed 400 words (excluding author names, affiliations and contact details of the presenting author).
- Please select one of the of the four areas that best describes your abstract.
- No images, tables or graphs are permitted.
- References are not required.
- Conflict of interest must be declared.
- Source of funding must be declared.

**Those authors with accepted abstract, must send the a final version using the ISTS2020 abstract submission template available at the website (abstract section) to ists2020@jornadaicofcv.org.**

Please, keep the format, and consider the following recommendations:
TITLE:
- Use ALL CAPS for the title. Bold.
- The title should be brief.

AUTHORS:
- Please note that the authors’ names should be listed as follows: Lastname Firstname initials1 (no dots between initials), Lastname Firstname initials 2.
- The name of the presenting author must be underlined.

Affiliations:
- Please use 1, 2, 3 numbering after the last name initials (such as Taylor G1, Miller SW 1,2) for affiliation.
- If more than one affiliation is listed, please use 1, 2, 3 to number them.
- Please list: the affiliation, city, country and e-mail address.

All subsequent correspondence regarding the abstract will be with the person who submits the abstract. The presenting author must be named in the abstract but does not have to be the first named author.

ABSTRACT:
✓ All abstract must be structured using the following headings: (i) introduction, (ii) objective, (iii) methods, (iv) results, (v) conclusion.
✓ Use Palatino Linotype font, size 11, single spaced and justified.
✓ Up to three key words that describe your work.

✓ Introduction. Address briefly the scientific background and rationale for the study. Why your study is important? Which question(s) it will answer?

✓ Objective: What was the major reason for undertaking the project/sharing your activity?

✓ Methods: Describe the study design, setting, study dates, study participants, intervention techniques, research methods and outcome measures.

✓ Results: Present the major quantitative and qualitative findings, accompanied by confidence intervals, levels of significance of statistical tests or effect sizes as appropriate. Although negative as well as positive results may be of interest, report only those results that relate to your conclusion. This section must contain data. Statement like “Data will be discussed” will not be accepted.

- Spell out numbers lower than 10 except in the case of standard measurements such as time, dose and temperature. For example “two patients,” but “2 cc”
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- Use ALL CAPS for the title. Bold.
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Use Palatino Linotype font, size 11, single spaced and justified.

Up to three key words that describe your work.

When presenting confidence intervals, state the confidence level and confidence coefficient in the upper and lower limits (95% CI=1.32-4.56)

✓ Do not include any figures, graphs, references or tables in the abstract.

✓ Conclusions: State only those conclusions that are directly supported by the analysed data.

✓ Key words: Keywords - Please enter 3 keywords that define your abstract.

Appendix 1: Screening questions.

Before reviewing the content of the abstract, it is necessary that the works meet previously the formal requirements published.

<table>
<thead>
<tr>
<th></th>
<th>Does the abstract contain all the required sections?</th>
<th>□ YES □ NO</th>
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<tbody>
<tr>
<td>1°</td>
<td>Does this study have ethics approval from an ethics committee (if required)?</td>
<td>□ YES □ NO</td>
</tr>
<tr>
<td>2°</td>
<td>Does the abstract have less than 400 words?</td>
<td>□ YES □ NO</td>
</tr>
<tr>
<td>3°</td>
<td>Has the paper been published online or in print?</td>
<td>□ YES □ NO</td>
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## Appendix 2: Scoring Criteria for abstract selection

<table>
<thead>
<tr>
<th>Criteria</th>
<th>Score 3:</th>
<th>Score 2:</th>
<th>Score 1:</th>
<th>Score 0:</th>
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</thead>
<tbody>
<tr>
<td>Are the aims and objectives clearly articulated?</td>
<td>The abstract describes clear objectives that are appropriate to the research question</td>
<td>Aims and objectives adequately explain purpose</td>
<td>Purpose is poorly explained</td>
<td>Purpose cannot be understood</td>
</tr>
<tr>
<td>Do the methods and analysis enable the questions to be answered?</td>
<td>The abstract's methods/analysis/ are clearly explained, rigorous and appropriate to the research question</td>
<td>Approach/ analysis/methods adequately explained and justifiable</td>
<td>Poor justification for approach/ analysis/methods used</td>
<td>Little or no justification for the approach/ analysis/methods used</td>
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<tr>
<td>Have the findings been interpreted appropriately?</td>
<td>Data/findings are presented and interpreted with clarity</td>
<td>Data/findings presented adequately</td>
<td>Data/findings briefly presented but lack adequate detail</td>
<td>Data/findings insufficiently clear or misinterpreted</td>
</tr>
<tr>
<td>Are the conclusions consistent with the data or main findings?</td>
<td>Findings of research/activity are discussed well, and messages/questions for discussion/further work clearly articulated</td>
<td>Findings of research/activity discussed with some interpretation and inference of further work</td>
<td>Poor explanation of findings of research/activity with poor inference of further questions/work</td>
<td>Findings of research/activity not explained</td>
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<tr>
<td>Are the practical implications clearly defined? What degree of relevance do they have for practice?</td>
<td>Key points about practical relevance are clearly described. The findings are specially relevant for clinical practice, basic science or research</td>
<td>Key points about practical relevance are described. The findings are relevant for clinical practice, basic science or research</td>
<td>Key points about practical relevance are diffused or general and not specific. The findings...</td>
<td>The findings has low impact on clinical practice, basic science or research</td>
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